



Surrey Multi Agency  
Partnership  
Against Domestic Abuse



Elmbridge (West)

## The Freedom Programme

### **Does the person who tells you he/she loves you . . .**

*Embarrass you with  
put-downs?*

*Control what you do, who you see or talk  
to, where you go, what you wear?*

*Stop you from seeing your friends or family members?*

*Tell you no one will believe  
you, that you are mad?*

*Blame alcohol or drugs or  
'losing control' ?*

*Threaten to commit suicide, threaten your family and friends,  
threaten to kill you?*

**Are you in or have you experienced an abusive  
relationship?**

**The Freedom Programme is an 11 week course for  
women and is completely confidential.**

**North Surrey Domestic Abuse Service is running a  
Freedom Programme starting in April 2019 in Walton  
on Thames. The course is free and part of the service  
provided.**

**To find out more contact the Outreach  
on 01932 260690  
or email: [nsdas@caew.org.uk](mailto:nsdas@caew.org.uk)**

**North Surrey Domestic Abuse Services**

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